

BIOGRAPHICAL SKETCH

Name-Surname: Helin Yılmaz Kafalı

Title: Doçent Doktor (Çocuk ve Ergen Ruh Sağlığı ve Hastalıkları Uzmanı)

EDUCATION/TRAINING:

Degree	Field of Study	Institution and Location	Years
Medical Doctor	Medicine	Dokuz Eylül University	2007-2013
Specialist	Child & Adolescent Psychiatry	Ege University School of Medicine, Department of Child & Adolescent Psychiatry	2013-2018

Academic Titles:

Degree	Field of Study	Institution and Location	Years
Assoc. Prof.	Child & Adolescent Psychiatry	Sultanbeyli State Hospital	2023
Dr. Lecturer	Child & Adolescent Psychiatry	Isik University, Faculty of Art and Sciences, Department of Psychology, Istanbul, Turkey	2023

Publications:

Peer-Reviewed Articles published in International Journals (SCI &SCI-E, SSCI&Arts and Humanities):

- Kafalı, H. Y.**, Bildik, T., Bora, E., Yuncu, Z., & Erermis, H. S. (2019). Distinguishing prodromal stage of bipolar disorder and early onset schizophrenia spectrum disorders during adolescence. *Psychiatry Research*, 275, 315-325.
<https://doi.org/10.1016/j.psychres.2019.03.051>
- Ozbaran NB, Ozyasar SC, Dogan N, **Kafalı HY**, Isik E, Satar A, Kose S, Atik T, Cogulu O. Evaluation of social cognition, autistic traits, and dysmorphology in comorbid specific learning disorder and attention-deficit/hyperactivity disorder. *Clin*

Child Psychol Psychiatry. 2022 Jun 6:13591045221095428. doi:

10.1177/13591045221095428. Epub ahead of print. PMID: 35658687.

3. Yatan Pal Singh Balhara, Ana Doric, Dejan Stevanovic, Rajna Knez, Swarndeeep Singh, Mita Rani Roy Chowdhury, **Helin Yilmaz Kafali**, Pawan Sharma, Zahir Vally, Tuong Vi Vu, Sidharta Arya, Aishita Mahendru, Ramdas Ransing, Gamze Erzin, Huynh Le Thi Cam Hong Le. (2019). Correlates of Problematic Internet Use among college and university students in eight countries: An international cross-sectional study. *Asian Journal of Psychiatry*, 45, 113-120.
<https://doi.org/10.1016/j.ajp.2019.09.004>.
4. Stevanovic, D., Djoric, A., Balhara, Y. P. S, Cirovic, N., Siddharth, A., Ransing, R., Vi Vu Thi, T., Ngoc Huong, T., Tadic, I., Jovic, J., Radovanovic, S., **Yilmaz Kafali, H.**, Erzin, G., Zahir, V., Rani Roy Chowdhury, M., Sharma, P., Shakya, R., Moreira, P., Olayinka, A., Mohamad, A., Monteiro Campos, L., Monteiro Campos, P., Moreira Silva, C., Carlos Tavares, J., Buoli, M., Burkauskas, J., Ivanovic, I., Szczegieliak, A., & Knez, R. (2019). Assessing the symptoms of Internet Gaming Disorder among college/university students: An international, validation study of a self-report. *Psihologija*. <https://doi.org/10.2298/PSI190421015S>
5. **Yilmaz Kafali H**, Altinok YA, Ozbaran B, Ozen S, Kose S, Tahillioglu A, Darcan S, Goksen D. Exploring emotional dysregulation characteristics and comorbid psychiatric disorders in type 1 diabetic children with disordered eating behavior risk. *Journal of Psychosomatic Research*. 2020 Apr 1;131:109960.
<https://doi.org/10.1016/j.jpsychores.2020.109960>
6. **Yilmaz Kafali, H.**, Kalyoncu, T., Ozbaran, B., Kalyoncu, E., Tuncer, O. N., Ozturk, P., ... & Ozbaran, M. Association Between Caregivers' Coping and Children's Psychiatric Symptoms in the Heart Transplantation Process: A pilot study. *Artificial Organs*. <https://doi.org/10.1111/aor.13839>
7. **Yilmaz Kafali H.**, Ucakturk S. A., Mengen E., Akpınar S., Erguven Demirtas M., Sukran Uneri O. Emotion Dysregulation and Pediatric Obesity: Investigating the Role of Internet Addiction and Eating Behaviors on This Relationship in an Adolescent Sample. *Eating and Weight Disorders- Studies on Anorexia, Bulimia and Obesity* (DOI:10.1007/s40519-020-00999-0)
8. Yatan Pal Singh Balhara, Swarndeeep Singh, Ana Doric, Dejan Stevanovic, Rajna Kneze, Mita Rani Roy Chowdhury, **Helin Yilmaz Kafali**, Pawan Sharma, Zahir Vally, Tuong Vi Vuk Sidhart, Aryal Aishita Mahendru, Ramdas Ransing, Gamze Erzin, Huynh Le Thi Cam, HongLep. Can daily internet use time screen for problematic internet use among college students? A receiver operator characteristic

curve-based multi-country study. *Neurology, Psychiatry, and Brain Research*, 2020, 38, 43-48. <https://doi.org/10.1016/j.npbr.2020.09.002>.

9. Köse S, **Yılmaz Kafalı H**, Erkan İdris ZG, Şentürk Pilan B, Özbaran B, Erermiş S. The prevalence and risk factors for overweight/obesity among Turkish children with neurodevelopmental disorders. *Res Dev Disabil*. 2021 Jul;114:103992. doi: 10.1016/j.ridd.2021.103992. Epub 2021 May 25. PMID: 34049231.
10. **Yılmaz Kafalı H.**, Solerdelcoll M, Vujinovic L., Martsenkovkyi D., Awhangansi S., Noel C., Bora E., Zuddas A., Arango C. Evaluating the tendencies of community practitioners who actively practice in child and adolescent psychiatry to diagnose and treat DSM-5 attenuated psychotic syndrome. *European Child & Adolescent Psychiatry*, 1-10. doi: 10.1007/s00787-021-01897-1.
11. **Yılmaz Kafalı, H.**, Kayan Ocakoğlu, B., Işık, A., Ayvalık Baydur, Ü. G., Müjdecioğlu Demir, G., Şahin Erener, M., & Üneri, Ö. Ş. (2021). Theory of mind failure and emotion dysregulation as contributors to peer bullying among adolescents with attention-deficit/hyperactivity disorder. *Children's Health Care*, 50(4), 413-431. <https://doi.org/10.1080/02739615.2021.1926250>
12. **Yılmaz Kafalı H.**, Turan S., Akpınar S., Mutlu M., Özkaya Parlakay A., Çöp E, Timothea Touloupoulo. Correlates of Psychotic Like Experiences (PLEs) During Pandemic: Is There a Link Between the SARS-CoV-2 Infection and PLEs Among Adolescents? *Schizophr Res*. 2022 Jan 5;241:36-43. doi: 10.1016/j.schres.2021.12.049.
13. Fountoulakis KN, Karakatsoulis G, Abraham S, Adorjan K, Ahmed HU, Alarcón RD, Arai K, Auwal SS, Berk M, Bjedov S, Bobes J, Bobes-Bascaran T, Bourgin-Duchesnay J, Bredicean CA, Bukelskis L, Burkadze A, Abud IIC, Castilla-Puentes R, Cetkovich M, Colon-Rivera H, Corral R, Cortez-Vergara C, Crepin P, De Berardis D, Zamora Delgado S, De Lucena D, De Sousa A, Stefano RD, Dodd S, Elek LP, Elissa A, Erdelyi-Hamza B, Erzin G, Etchevers MJ, Falkai P, Farcas A, Fedotov I, Filatova V, Fountoulakis NK, Frankova I, Franza F, Frias P, Galako T, Garay CJ, Garcia-Álvarez L, García-Portilla MP, Gonda X, Gondek TM, González DM, Gould H, Grandinetti P, Grau A, Groudeva V, Hagin M, Harada T, Hasan MT, Hashim NA, Hilbig J, Hossain S, Iakimova R, Ibrahim M, Iftene F, Ignatenko Y, Irrarrazaval M, Ismail Z, Ismayilova J, Jacobs A, Jakovljević M, Jakšić N, Javed A, **Yılmaz Kafalı H.**, Karia S, Kazakova O, Khalifa D, Khaustova O, Koh S, Kopishinskaia S, Kosenko K, Koupidis SA, Kovacs I, Kulig B, Lalljee A, Liewig J, Majid A, Malashonkova E, Malik K, Malik NI, Mammadzada G, Mandalia B, Marazziti D, Marčinko D, Martinez S, Matiekus E, Mejia G, Memon RS, Martínez XEM, Mickevičiūtė D, Milev R,

Mohammed M, Molina-López A, Morozov P, Muhammad NS, Mustač F, Naor MS, Nassieb A, Navickas A, Okasha T, Pandova M, Panfil AL, Panteleeva L, Papava I, Patsali ME, Pavlichenko A, Pejuskovic B, Pinto Da Costa M, Popkov M, Popovic D, Raduan NJN, Ramírez FV, Rancans E, Razali S, Rebok F, Rewekant A, Flores ENR, Rivera-Encinas MT, Saiz P, de Carmona MS, Martínez DS, Saw JA, Saygili G, Schneidereit P, Shah B, Shirasaka T, Silagadze K, Sitanggang S, Skugarevsky O, Spikina A, Mahalingappa SS, Stoyanova M, Szczegielniak A, Tamasan SC, Tavormina G, Tavormina MGM, Theodorakis PN, Tohen M, Tsapakis EM, Tukhvatullina D, Ullah I, Vaidya R, Vega-Dienstmaier JM, Vrublevska J, Vukovic O, Vysotska O, Widiasih N, Yashikhina A, Prezerakos PE, Smirnova D. Results of the COVID-19 mental health international for the general population (COMET-G) study. *Eur Neuropsychopharmacol.* 2022 Jan;54:21-40. doi: 10.1016/j.euroneuro.2021.10.004. Epub 2021 Oct 15. PMID: 34758422; PMCID: PMC8609892.

14. Burkauskas, J., Griskova-Bulanova, I., Đorić, A. Balhara Y.P.S., Sidharth A., Ransing R., Tuong V., Huong T.N., **Yilmaz Kafali H.**, Erzin G., Valliy Z., Chowdhury M.R.R., Sharma P., Shakya R., Moreira P., Faria S., Noor I.M., Campos L.A.M., Szczegielniak A.R., & Stevanovic D. Association of Internet gaming disorder symptoms with anxiety and depressive symptoms and substance use: an international cross-sectional study. *Middle East Curr Psychiatry* 29, 14 (2022). <https://doi.org/10.1186/s43045-022-00180-6>
15. Ozbaran NB, Ozyasar SC, Dogan N, **Yilmaz Kafali H.**, Isik E, Satar A, Kose S, Atik T, Cogulu O. Evaluation of social cognition, autistic traits, and dysmorphology in comorbid specific learning disorder and attention-deficit/hyperactivity disorder. *Clin Child Psychol Psychiatry.* 2022 Jun 6:13591045221095428. doi: 10.1177/13591045221095428. Epub ahead of print. PMID: 35658687.
16. Bagheri, Z., Chamanpara, P., Jafari, P., Balhara Y.P.S., Sidharth A., Ransing R., Doric A., Knez R., Tuong V., Huong T.N., **Yilmaz Kafali H.**, Erzin G., Valliy Z., Chowdhury M.R.R., Sharma P., Shakya R., Campos L.A.M., Szczegielniak A.R., & Stevanovic D. Cross-cultural measurement invariance of the Quality of Life Enjoyment and Satisfaction Questionnaire-Short form across ten countries: the application of Bayesian approximate measurement invariance. *BMC Psychol* 10, 160 (2022). <https://doi.org/10.1186/s40359-022-00864-y>
17. Fountoulakis KN, Karakatsoulis G, Abraham S, Adorjan K, Ahmed HU, Alarcón RD, Arai K, Auwal SS, Berk M, Bjedov S, Bobes J, Bobes-Bascaran T, Bourgin-Duchesnay J, Bredicean CA, Bukelskis L, Burkadze A, Abud IIC, Castilla-Puentes R,

Cetkovich M, Colon-Rivera H, Corral R, Cortez-Vergara C, Crepin P, De Berardis D, Zamora Delgado S, De Lucena D, De Sousa A, Stefano RD, Dodd S, Elek LP, Elissa A, Erdelyi-Hamza B, Erzin G, Etchevers MJ, Falkai P, Farcas A, Fedotov I, Filatova V, Fountoulakis NK, Frankova I, Franza F, Frias P, Galako T, Garay CJ, Garcia-Álvarez L, García-Portilla MP, Gonda X, Gondek TM, González DM, Gould H, Grandinetti P, Grau A, Groudeva V, Hagin M, Harada T, Hasan MT, Hashim NA, Hilbig J, Hossain S, Iakimova R, Ibrahim M, Iftene F, Ignatenko Y, Irarrazaval M, Ismail Z, Ismayilova J, Jacobs A, Jakovljević M, Jakšić N, Javed A, **Yilmaz Kafali H**, Karia S, Kazakova O, Khalifa D, Khaustova O, Koh S, Kopishinskaia S, Kosenko K, Koupidis SA, Kovacs I, Kulig B, Lalljee A, Liewig J, Majid A, Malashonkova E, Malik K, Malik NI, Mammadzada G, Mandalia B, Marazziti D, Marčinko D, Martinez S, Matiekus E, Mejia G, Memon RS, Martínez XEM, Mickevičiūtė D, Milev R, Mohammed M, Molina-López A, Morozov P, Muhammad NS, Mustač F, Naor MS, Nassieb A, Navickas A, Okasha T, Pandova M, Panfil AL, Panteleeva L, Papava I, Patsali ME, Pavlichenko A, Pejuskovic B, Pinto Da Costa M, Popkov M, Popovic D, Raduan NJN, Ramírez FV, Rancans E, Razali S, Rebok F, Rewekant A, Flores ENR, Rivera-Encinas MT, Saiz P, de Carmona MS, Martínez DS, Saw JA, Saygili G, Schneidereit P, Shah B, Shirasaka T, Silagadze K, Sitanggang S, Skugarevsky O, Spikina A, Mahalingappa SS, Stoyanova M, Szczegielniak A, Tamasan SC, Tavormina G, Tavormina MGM, Theodorakis PN, Tohen M, Tsapakis EM, Tukhvatullina D, Ullah I, Vaidya R, Vega-Dienstmaier JM, Vrublevska J, Vukovic O, Vysotska O, Widiasih N, Yashikhina A, Prezerakos PE, Smirnova D. The effect of different degrees of lockdown and self-identified gender on anxiety, depression and suicidality during the COVID-19 pandemic: Data from the international COMET-G study. *Psychiatry research*, 315, 114702.

18. Óri D, Szocsics P, Molnár T, Bankovska Motlova L, Kazakova O, Mörkl S, Wallies M, Abdulhakim M, Boivin S, Bruna K, Cabacos C, Carbone EA, Dashi E, Grech G, Greguras S, Ivanovic I, Guevara K, Kakar S, Kotsis K, Klinkby IMI, Maslak J, Matheiken S, Mirkovic A, Nechepurenko N, Panayi A, Pereira AT, Pomarol-Clotet E, Raaj S, Rus Prelog P, Soler-Vidal J, Strumila R, Schuster F, Kisand H, Hargi A, Ahmadova G, Vircik M, **Yilmaz Kafali H**, Grinko N, Györffy Z, Rózsa S. Psychometric properties of the Opening Minds Stigma Scale for Health Care Providers in 32 European countries - A bifactor ESEM representation. *Front Public Health*. 2023 May 3;11:1168929. doi: 10.3389/fpubh.2023.1168929. PMID: 37361150; PMCID: PMC10285467.

Other Peer-Reviewed Articles Published in International Journals

1. **Yilmaz Kafali H.**, Işık A., Kayan Ocakoglu B., Kardas B., Kardas O., Demir Mujdecioglu G., Akpınar S., Kaplan Karakaya S.E., Balca Çapan Y., Uneri O.S, Yektas C., The Association Between Suicidal Behavior Severity, Perceived Gender Equality, and Childhood Traumas among Depressive Adolescent Girls: Differences Between the Regions of Turkey. *Journal of Clinical Psychiatry* 25: 0-0. DOI: 10.5505/kpd.2021.47113
2. **Yilmaz Kafali H**, Biler ED, Palamar M, Ozbaran B. Ocular injuries, attention deficit and hyperactivity disorder, and maternal anxiety/depression levels: Is there a link?. *Chinese journal of traumatology*. 2020 Mar 4. <https://doi.org/10.1016/j.cjtee.2019.11.008>

International Presentations (Oral and Poster)

1. Are there different psychiatric profiles in terms of psychiatric comorbidities, eating behavior, and internet addiction between girls and boys with obesity , **YILMAZ KAFALI HELİN**, MENGEN UÇAKTÜRK EDA, AKPINAR SERAP, ERGÜVEN DEMİR TAŞ MERVE, ÜNERİ ÖZDEN ŞÜKRAN, UÇAKTÜRK SEYİT AHMET (2021).. 12th International Congress on Psychopharmacology, 37, (Özet bildiri)
2. Correlates of psychotic like experiences (ple) during pandemic: do sars-cov-2 infection increase the vulnerability for ple among adolescents? , **YILMAZ KAFALI HELİN**, TURAN SERKAN, AKPINAR SERAP, Mutlu Müge, Özkaya Parlakay Aslınur, ÇÖP ESRA, TOULOPOULOU TIMOTHEA (2021).. 12th International Congress on Psychopharmacology, 80, (Özet bildiri)
3. To distinguish prodromal stage of bipolar disorder from early onset schizophrenia during adolescence , **YILMAZ KAFALI HELİN**, BİLDİK TEZAN, BORA İBRAHİM EMRE, ERERMİŞ HATİCE SERPİL, YÜNCÜ ZEKİ (2018).. 23rd World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions, 30, (Özet bildiri)
4. Can we predict onset of tic disorder during methylphenidate treatment? A neuroimaging study , **YILMAZ KAFALI HELİN**, ÖZBARAN NAZLI BURCU, BİLDİK TEZAN, ERERMİŞ HATİCE SERPİL, YÜNCÜ ZEKİ, ÇALLI MEHMET CEM (2017).. 30th ECNP Congress, 191, (Özet bildiri)

5. What Is The Actually Envisioned Training? How Can Problems Be Solved? ,
YILMAZ KAFALI HELİN, YILDIRIM ESEN (2017).. 27th TURKISH CHILD
AND ADOLESCENT PSYCHIATRY CONGRESS, 52-53., (Özet bildiri)

International/National Books or Book Sections:

National Books

1. Social Skills: Practical Applications to Improve Social Cohesion Based on Emotions and Theory of Mind (2020)., ÖZBARAN NAZLI BURCU, KÖSE SEZEN, **YILMAZ KAFALI HELİN**, Yitik Ülke Publications, 3rd Ed., Page number 151, ISBN:978-6052027820, Turkish (Bilimsel Kitap)

National Book Sections

2. Bipolar Disorder in Child and Adolescents; From Diagnosis to Treatment (Substance Use Disorder among Child and Adolescents with Bipolar Disorder: Clinical Projections and Treatment) (2022)., **YILMAZ KAFALI HELİN**, YÜNCÜ ZEKİ, Clinics of Turkey Child Psychiatry – Special Issues, Ed: Akbaş, Seher, 1st Ed, Page number: 5, ISBN:978-625-401-761-2, Turkish
3. Digital Psychiatry, (Early Diagnosis and Computational Methods in Psychiatric Disorders), (2022), **YILMAZ KAFALI HELİN**, BORA İBRAHİM EMRE, Clinics of Turkey Child Psychiatry – Special Issues, Ed: Bildik, Tezan, 1st Ed, Page number: 8, ISBN: 978-625-401-648-6, Turkish
4. Digital Psychiatry, (Mood Disorder Tracking Technologies), (2022), **YILMAZ KAFALI HELİN**, Diler Rasim Somer, Clinics of Turkey Child Psychiatry – Special Issues, Ed: Bildik, Tezan, 1st Ed, Page number: 9, ISBN: 978-625-401-648-6, Turkish
5. Addiction in Adolescents (A risky situation in Addiction: Attention Deficit and Hyperactivity Disorder, Diagnosis, Treatment, and Case Management), (2019), **YILMAZ KAFALI HELİN**, ÖZBARAN NAZLI BURCU, Clinics of Turkey Child Psychiatry – Special Issues, Ed: Yüncü, Zeki, 1st Ed, Page Number: 9, ISBN:978-605-034-016-7, Turkish
6. Adolescence and Mental Disorders, (Preliminary Signs of Mental Disorders during Adolescence) (2018), **YILMAZ KAFALI HELİN**, BORA İBRAHİM EMRE, , Clinics of Turkey Child Psychiatry – Special Issues, Ed: Bildik, Tezan, 1st Ed, Page Number: 10, ISBN978-605-7505-03-3, Turkish

Articles Published in National Journals:

1. **Yılmaz Kafalı, H.** , Keskin, N. , Mengen, E. , Aktener, A. Y. , Ergüven Demirtaş, M. & Uçaktürk, S. A. (2022). Evaluating the efficacy of psychdrama group therapy on BMI-SDS and eating-exercise behaviors among adolescents with obesity. Kırıkkale Üniversitesi Tıp Fakültesi Dergisi , 24 (3) , 564-573 . DOI: 10.24938/kutfd.1163152
2. **Yılmaz Kafalı, H.** , Özbaran NB, Köse S. Antipsychotic drugs rechallenge in multi-antipsychotic drug induced atypical Neuroleptic Malignant Syndrome (NMS): a case of Cotard Syndrome. J Pediatr Res. 2017;4(1):31–4. DOI: 10.4274/jpr.52714

National Presentations (Oral and Poster) (all in Turkish)

1. 1. Investigation of Factors Related to Psychosis-Like Experiences and Covid-19 Symptoms in Adolescents with Covid-19 Infection Using Data Mining Method, TURAN SERKAN, **YILMAZ KAFALI HELİN**, KABASAKAL İNANÇ, mutlu müge, Ağaç Ümmühan Nilay, ÇÖP ESRA, Özkaya Parlakay Aslınur, TOULOPOULOU TIMOTHEA (2022).. 31. National Child & Adolescent Mental Health and Disorders Congress, 549 (Oral)
2. Evaluation of the Relationship between Suicidal Ideation and Severity of Suicidal Behavior, Childhood Traumas and Emotional Dysregulation in Female Adolescents with Depressive Disorder, Kayan Ocakoğlu Binay, **YILMAZ KAFALI HELİN**, Ocakoğlu Fevzi Tuna KARDAŞ BURCU, KARDAŞ ÖMER, IŞIK ADEM, Müjdecioğlu Demir Gizem, AKPINAR SERAP, Kaplan Karakaya Sümeyra Elif, BALCA ÇAPAN YELİZ, YEKTAŞ ÇİĞDEM (2022), 31. National Child & Adolescent Mental Health and Disorders Congress, 397-405, (Oral)
3. Demographic and clinical features of sexual abuse cases referred by juvenile courts for health measures: A descriptive cross-sectional study , AKPINAR SERAP, **YILMAZ KAFALI HELİN**, GÖKER ZEYNEP, ÇÖP ESRA, Dinç Gülser, ÜNERİ ÖZDEN ŞÜKRAN (2019).. 29. Ulusal Çocuk ve Ergen Ruh Sağlığı ve Hastalıkları Kongresi, 246, (Oral)
4. Obesity And Related Variables In Cases With Autism Spectrum Disorder And Intellectual Disability Without Autism Spectrum Disorder, KÖSE SEZEN, **YILMAZ KAFALI HELİN**, Erkan İdris Zeynep Gökçe, ŞENTÜRK PİLAN BİRSEN, ÖZBARAN NAZLI BURCU, ERERMİŞ HATİCE SERPİL (2018), 28. National Child & Adolescent Mental Health and Disorders Congress, 408

National Panel Discussions (all in Turkish)

1. Transdiagnostic approach to emotional dysregulation , **YILMAZ KAFALI HELİN** (2019).. **YILMAZ KAFALI HELİN**, 11th International Congress on Psychopharmacology, 29, 401-402., Doi: 10.1080/24750573.2019.1606883,
2. Child psychiatry training towards a global renaissance: early career perspectives , Vallejo Valdivielso Maria, Martsenkovskiy Dmytro, Awhangansi Sewanu, **YILMAZ KAFALI HELİN**, Ghosh Sreyoshi, Birkle Sarah Maria, Kodra Valmira, Sebela Antonin (2018).. 23rd World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions, 189,
3. Mood disorders in Autism Spectrum Disorder, **YILMAZ KAFALI HELİN** (2019).., 31. National Child & Adolescent Mental Health and Disorders Congress, 121
4. Emotion dysregulation and Emotion Dysregulation in ADHD, **YILMAZ KAFALI HELİN** (2021).. 30. National Child & Adolescent Mental Health and Disorders Congress, 116
5. What neuroimaging studies tell us regarding ultra-high risk situations for bipolar disorder? **YILMAZ KAFALI HELİN** (2020).. 56. National Psychiatry Congree, 99,
6. Social Cognition in Bipolar Disorder and Schizophrenia Spectrum Disorder, (2019),). 55. National Psychiatry Congree, 85-86
7. Understanding Autism during Adolescence , **YILMAZ KAFALI HELİN** (2018).. 54. National Psychiatry Congress, 32, (Özet bildiri)
8. 10 Questions regarding Prodromal Stage and Prodromal Stage Interventions in Bipolar Disorder, **YILMAZ KAFALI HELİN** (2018), 54. National Psychiatry Congress 261, (Özet bildiri)

Awards

ECNP Seminar Award 2016, European College of Neuropsychopharmacology (ECNP)

Trainings

1. Psychodrama Manager Training Course Program (19/06/1995 - 276),
Psychodrama Assistant manager (19/06/1995-276), Umut Psychodrama Manager
Training Course (360 hours)
2. Cognitive Behavioral Therapy for Child and Adolescents, "European Association
for Behavioural and Cognitive Therapies approved, (208 hours theoretical, 100
hours supervision), 04.04.2018 -21.09.2020
3. "Introduction to Schema Therapy with Children, Adolescents and Parents (ST-
CA)" Workshop, "International Society of Schema Therapy approved, (54 hours),
Live-Webinar Workshop, Sertifika, 09.03.2023 -05.04.2023 (Uluslararası)
4. Triple P – Positive Parenting Practitioner Training, Adolescent Module, 8 hours, ,
Live-Webinar, 13.09.2022 -13.09.2022
5. Triple P – Positive Parenting Practitioner Training, Child Module, 24 hours, Live-
Webinar, 26.06.2022 -28.06.2022
6. ADOS-2 Practitioner Education, Clinical Training Workshop, Toddler Training
Workshop, 20 hours, Lincoln Institute of Applied Psychology, 15-17.08.2023
7. EMDR Europe Accredited, 1. Level Education, 20-24.09.2023 (45 hours training,
6 hours supervision)

Lidership Activities:

1. European Federation of Psychiatry Trainees (EFPT), Child & Adolescent Psychiatry
Exchange Coordinator (2016-2018)
2. 25th EFPT Forum Organisation Committee (2016-2017)
3. Assistant Representative of the Turkish Child and Adolescent Psychiatry Association
(2016-2018)
4. EFPT Child and Adolescent Working Group Co-Chair
5. IACAPAP Foundraising Committee Secretary

Positions and Employment:

Title	Institution and Location	Years
Practitioner	Seferihisar Nejat Hepkon State Hospital	2013-2014
Research Assistant	Ege University School of Medicine, Child & Adolescent Psychiatry	2014-2018
Child & Adolescent Specialist	Van Education and Training Hospital	June 2018- August 2018
Child & Adolescent Specialist	Ankara Dışkapı Child Hematology and Oncology Training and Research Hospital	2018-2019
Child & Adolescent Specialist	Ankara State Hospital	2019-2022
Assoc. Prof.	Sultanbeyli State Hospital	2022-2023

Dr. Lecturer	Işık University Faculty of Art and Sciences, Department of Psychology, Istanbul, Turkey	2023-
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Lectures:

Academic Year	Period	Lecture	Theoric Education Hours	Number of students
2023-2024	Fall	Işık University Faculty of Art and Sciences, Department of Psychology - Personality	3	50
2023-2024	Fall	Işık University Faculty of Art and Sciences, Department of Psychology – Introduction to Clinical Psychology	3	50
2019-2020	Fall	Işık University Clinical Psychology Child & Adolescent Advanced Psychopathology	3	14